

Balance & Beam Weekly Class Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

08:30

12:00

16:00

08:30

12:00

16:00

					Ladybirds 08:40 - 09:25 Walking - 24 months	Ladybirds 08:40 - 09:25 Walking - 24 months
Caterpillars 09:45 - 10:30 24 - 36 months	Ladybirds 9:30 - 10:15 Walking - 24 months	Caterpillars 09:30 - 10:15 24 - 36 months		Caterpillars 09:45 - 10:30 24 - 36 months	Caterpillars 09:35 - 10:20 24 - 36 months	Caterpillars 09:35 - 10:20 24 - 36 months
Ladybirds 10:40 - 11:25 Walking - 24 months	Caterpillars 10:20 - 11:05 24 - 36 months	Butterflies 10:20 - 11:20 3 - 4 years	Caterpillars 10:00 - 10:45 24 - 36 months	Ladybirds 10:40 - 11:25 Walking - 24 months	Butterflies 10:25 - 11:25 3 - 4 years	Butterflies 10:25 - 11:25 3 - 4 years
Baby Bugs 11:35 - 12:20 4 months - walking	Butterflies 11:15 - 12:15 3 - 4 years	Butterflies/Wiggly Worms 11:25 - 12:25 4 - 5 years	Butterflies 11:00 - 12:00 3 - 4 years	Baby Bugs 11:35 - 12:20 4 months - walking	Wiggly Worms 11:35 - 12:35 4 - 5 years	Wiggly Worms 11:30 - 12:30 4 - 5 years
Butterflies 12:30 - 13:30 3 - 4 years	'A' Team Meeting			Butterflies 12:30 - 13:30 3 - 4 years	Speedy Spiders 12:35 - 13:35 5 - 6 years	Wiggly Worms 12:35 - 13:35 4 - 5 years
School Group Hire	Private Hire	School Groups	Weekly Deep Clean	School Groups	Flic Flacs 13:40 - 14:40 7 - 12 years (invite only)	Speedy Spiders 13:40 - 14:40 5 - 6 years
Staff Training		Lesson Planning			Jumping Jacks 14:45 - 15:45 8 - 12 years	Junior/Jumping Jacks 14:45 - 15:45 6 - 12 years
Wiggly Worms 16:00 - 17:00 4 - 5 years	Wiggly Worms 16:00 - 17:00 4 - 5 years	Junior Jacks 16:00 - 17:00 6 - 8 years	Wiggly Worms 16:00 - 17:00 4 - 5 years	Wiggly Worms 16:00 - 17:00 4 - 5 years	Junior Jacks 15:50 - 16:50 6 - 8 years	Parties From 16:15
Speedy Spiders 17:10 - 18:10 5 - 6 years	Junior Jacks 17:00 - 18:00 6 - 8 years	Jumping Jacks 17:10 - 18:10 6 - 12 years	Jumping Jacks 17:10 - 18:10 6 - 12 years	Jumping Jacks 17:10 - 18:10 6 - 12 years		
Jumping Jacks 18:15 - 19:15 6 - 12 years	Jumping Jacks 18:05 - 19:05 6 - 12 years	Tumblers 18:15 - 19:15 8 years + (invite only)	Flic Flacs 18:15 - 19:15 7 - 12 years (invite only)	Junior Flic Flacs 18:15 - 19:15 6 - 8 years (invite only)	Parties From 17:15	
Tumblers 19:20 - 20:20 8 years + (invite only)	Flic Flacs 19:05 - 20:05 7 - 12 years (invite only)					

KEY:



Parent & Child:
4 - 36 Months



Pre-School:
3 - 5 Years



Primary School:
6 - 12 Years

Shine from the inside out

